

Week 1 Commencing 17/10 14/11 5/12	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Minced Beef Lasagne with Coleslaw	Sausages with Mash & Onion Gravy	Sweet & Sour Pork with Noodles & Stir-Fried Vegetables	Roast Dinner Day! served with all the trimmings!	Crisp Battered Fish Served with Tartare Sauce
Vegetarian Dish	Vegetable Fajitas with Mexican Spiced Potatoes	Vegetarian Cornish Pasty with Mash & Onion Gravy	Vegetarian Chilli with Jacket Wedges & Salad	Macaroni Cheese	Spicy Bean Burger in a Bun
Vegetables	Broccoli	Garden Peas Cauliflower	Sweet corn	Carrots, Green Beans	Chips Garden Peas
Extras	a green side salad will be available daily as an alternative to vegetables Fresh Baked Bread will also be available daily				
Smart Food	a selection from Baked Jacket Potatoes / Pasta / Wraps / Rice will be available every day with a range of sauces and toppings				
Hot Desserts (v)	Apple Crumble with Custard	Lemon Sponge with Custard	Pear Turnover with Custard	Jam Roly-Poly Suet Pudding with Custard	Steamed Chocolate Pudding with Hot Chocolate Sauce

Week 2 Commencing 31/10 21/11 12/12	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Tuna & Tomato Pasta Bake with Cheesy Topping	Roast Dinner Day! Served with all the trimmings!	Chicken and Leek Pie served with Mashed Potatoes	Chilli Con Carne & Rice	Crisp Battered Fish Served with Tartare Sauce
Vegetarian Dish	Hoi Sin Quorn & Vegetable Noodles	Chickpea & Ratatouille Pasta Bake with Cheesy Crumb Topping	Mixed Bean & Vegetable Wraps	Vegetable Lasagne served with Coleslaw	Spanish Omelette
Vegetables	Garden Peas Carrots	Roast Potatoes, Carrots, Broccoli	Sweetcorn Green Beans	Broccoli	Chips Garden Peas
Extras	a green side salad will be available daily as an alternative to vegetables Fresh Baked Bread will also be available daily				
Smart Food	a selection from Baked Jacket Potatoes / Pasta / Wraps / Rice will be available every day with a range of sauces and toppings				
Hot Desserts (v)	Fruit Crumble with Custard	Banana Cake with Custard	Apple Pie & Custard	Rice pudding with Jam Sauce	Treacle Suet Pudding with Custard

Week 2 Commencing 10/10 7/11 28/11 19/12	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Chicken Korma with Fragrant Rice	Salmon & Spinach Pasta	Roast Dinner Day! Served with all the trimmings!	Cottage Pie	Crisp Battered Fish served with Tartare Sauce
Vegetarian Dish	Vegetarian Cottage Pie	Thai Green Vegetable & Bean Curry with Rice	Country Vegetable Stew	Vegetarian Spaghetti Bolognese	Sweet corn & Red Onion Quiche
Vegetables	Cauliflower Bhajee Carrots	Garden Peas Broccoli	Roast Potatoes, Carrots, Broccoli	Spring Greens Sweetcorn	Chips Garden Peas
Extras	a green side salad will be available daily as an alternative to vegetables Fresh Baked Bread will also be available daily				
Smart Food	a selection from Baked Jacket Potatoes / Pasta / Wraps / Rice will be available every day with a range of sauces and toppings				
Hot Desserts (v)	Apple Crumble with Custard	Steamed Chocolate Pudding with Hot Chocolate Sauce	Peach Turnover with Custard	Marbled Lemon Sponge with Custard	Fruit Flapjack with Custard